

SEMINARIO / SEMINAR

Titolo / Title:

Post COVID-19 and pulmonary rehabilitation

Quando / When:

10 Maggio 2022, ore 14:00 / 10th May 2022 at 14:00 CET

Dove / Where:

Aula Galileo, ITAB and online - Microsoft Teams

[https://teams.microsoft.com/l/meetup-](https://teams.microsoft.com/l/meetup-join/19%3a0b724a844f004f47bbf9e6bfc4ccc1b8%40thread.tacv2/1651065676536?context=%7b%22Tid%22%3a%2241f8b7d0-9a21-415c-9c69-a67984f3d0de%22%2c%22Oid%22%3a%22f0a66cde-1f23-46ea-a18a-4b29cf7a6f9d%22%7d)

[join/19%3a0b724a844f004f47bbf9e6bfc4ccc1b8%40thread.tacv2/1651065676536?context=%7b%22Tid%22%3a%2241f8b7d0-9a21-415c-9c69-a67984f3d0de%22%2c%22Oid%22%3a%22f0a66cde-1f23-46ea-a18a-4b29cf7a6f9d%22%7d](https://teams.microsoft.com/l/meetup-join/19%3a0b724a844f004f47bbf9e6bfc4ccc1b8%40thread.tacv2/1651065676536?context=%7b%22Tid%22%3a%2241f8b7d0-9a21-415c-9c69-a67984f3d0de%22%2c%22Oid%22%3a%22f0a66cde-1f23-46ea-a18a-4b29cf7a6f9d%22%7d)

Relatore / Speaker:

Prof. Dariusz Jastrzębski, MD, PhD, Department of Lung Diseases and Tuberculosis, Medical University of Silesia, Zabrze, Poland

Abstract: Patients after SARS-CoV-2 infection often require rehabilitation to be able to make a full recovery. The aim of the presentation is to present the types of complications that may occur after the coronavirus infection and the current guidelines for exercise recommendations applied in the pulmonary rehabilitation program, including the safety recommendations for medical staff. Moreover, the Author presents his own experiences on pulmonary rehabilitation in patients with long-COVID. Furthermore, in the presentation are presented the details of the pulmonary rehabilitation program with the special attention on the new techniques as stabilometric platform or magnetic stimulation.

